



Sometimes People Wear Face Masks

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There are lots of different types of face masks. They help stop people from sharing the germs from their nose and mouth.



More people are wearing face masks now because there is a sickness called Coronavirus or COVID-19. Wearing a mask helps to stop this sickness from spreading.



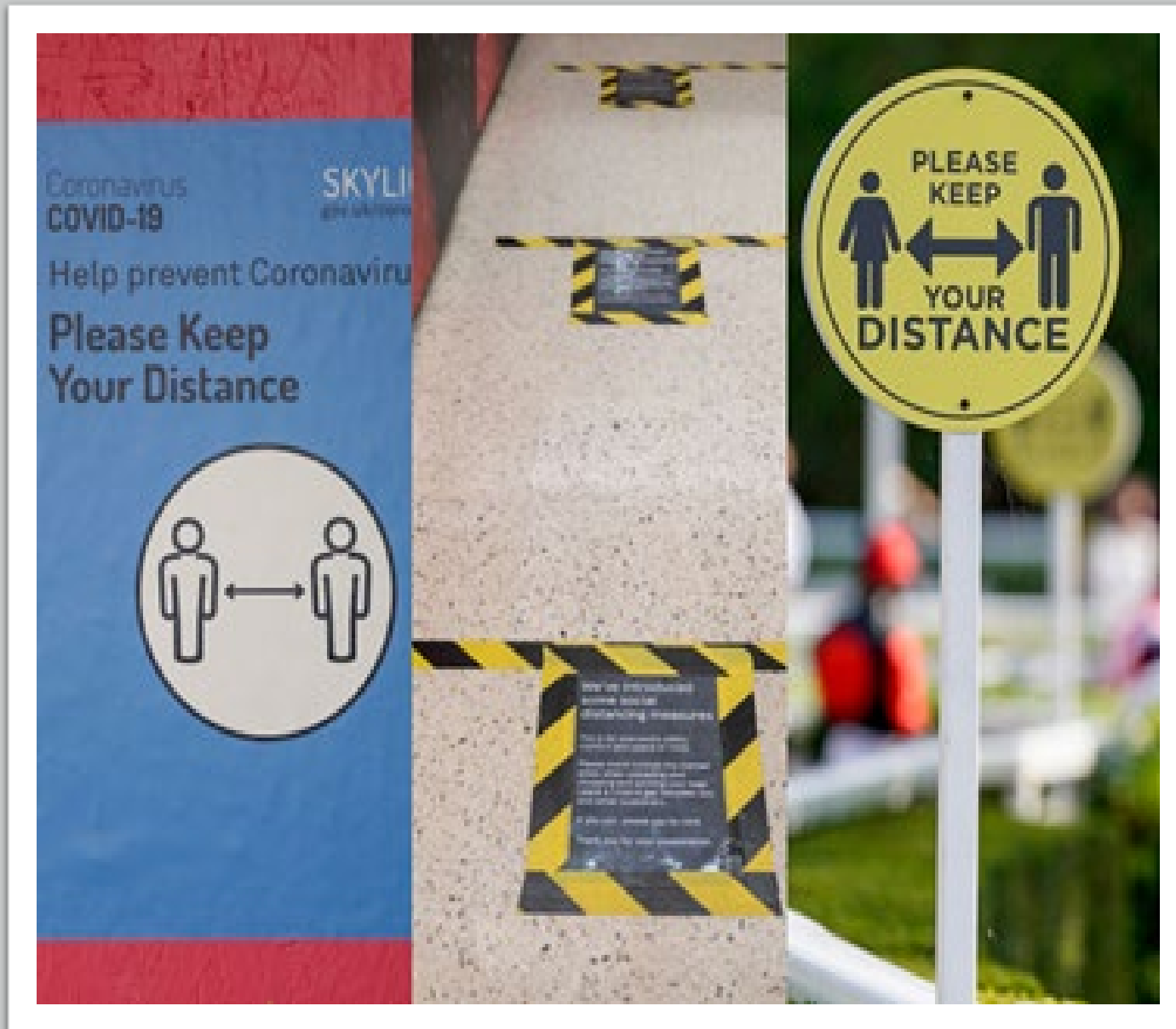
I might see people wearing face masks in shops and busy places.



There might be times when I might need to wear a face mask too. This could feel strange at first.



I can practise wearing a face mask to get used to how it feels. I can also wash my hands and use hand sanitiser to help keep germs away.



I can keep space between myself and others when I am out to help keep germs away too.

I might see signs or stickers that remind everyone to do this.



It might feel a little bit different to see so many people wearing face masks or to wear one myself.



If I feel worried about things being different, I can talk to a grown-up and ask any questions.



The grown-ups I trust will keep me safe. There are lots of helpers keeping people safe too.